



Making life better for people living with cancer

"The experience of thousands of people living with cancer has been hugely improved by the care and support offered by Dimbleby Cancer Care. Without legacies from people who care, that would not be possible"

Barbara VanDerMerwe MSc, SRR, TDCR(T)

Service Manager for Palliative Care & Dimbleby Cancer Care, Guy's & St Thomas' NHS Foundation Trust



David Dimbleby



Jonathan Dimbleby



Sally Christensen



Nicholas Dimbleby

Helping people living with

When our father was diagnosed with cancer in his mid forties, it was, as you can imagine, a great shock for all our family. When he died at the age of 52, millions of people mourned the loss not only of a great broadcaster but someone they felt they had come to know both as a friend and a brave man.

In those days cancer was a taboo subject. So his decision to make his diagnosis public was widely acclaimed as a real breakthrough. After his death, tributes poured in from across the nation. Our mother requested that, rather than flowers, people should send money to help combat the disease. This helped us to establish

the Richard Dimbleby Cancer Fund, now known as Dimbleby Cancer Care.

The shock that we felt at our father's diagnosis is something felt by almost a quarter of a million families in the UK every year. Almost one in three of us will get cancer during our lifetime and it will kill one in four of us.

We at Dimbleby Cancer Care are determined to do two things;

- **To support research into how best to care for people with cancer**
- **To offer comfort and care to those living with cancer**

As cancer survival rates increase, the need for the work that we do supporting people with cancer increases. **Will you help us by remembering us in your will?** Those who remembered our father and left us legacies in the past have enabled us to help tens of thousands of people directly through our centres at Guy's & St Thomas' hospitals, or indirectly through research into improving cancer care. Our centres offer support groups, complementary therapies, psychosocial support, information, or simply the knowledge

Did you know?

- 1 in 3 of us will contract cancer
- 1 in 4 of us will die of cancer
- Around 230,000 people in the UK have cancer at any one time



DIMBLEBY CANCER CARE

th cancer

that someone is there to listen.

To mark our 40th year of offering direct comfort and support to those living with cancer Dimbleby Cancer Care committed to a major increase in cancer care research, an area which is alarmingly underfunded in the UK. We also increased our spending on the care and support we offer directly to people living with cancer.

We are committing a large proportion of our reserves to these projects because the need is so great that we can't afford to delay. But in the future we will not be able to carry on this vital work without legacies to finance it.

Please, do consider us in your will. Your legacy will be put to maximum use for people living with cancer. Your gift will be felt for many, many years to come.



David Dimbleby



Jonathan Dimbleby



Sally Christensen



Nicholas Dimbleby





A legacy of comfort and

RICHARD DIMBLEBY

Richard Dimbleby is widely regarded as Britain's greatest broadcaster. The BBC's first reporter and war correspondent, his memorable broadcasts - from Belsen and Berlin - made him a household name. He went on to become the nation's most revered television anchorman with a string of "firsts" to his name. He was for many years the presenter of *Panorama*. His coverage of the Coronation and the funeral of Winston Churchill were unforgettable. In very different mood, his "spaghetti tree" hoax on April Fools Day, 1957,

Did you know?

- Richard's broadcast from Belsen Concentration Camp had a profound and lasting effect on all who heard it
- Richard was one of the first to try new outside broadcast techniques - including flying in a bomber during the Second World War and being submerged in a diving suit

1965 1967 1968 2005 2008

Richard's Death
Richard Dimbleby dies of cancer having made the brave decision to speak publicly about his illness.

Cancer Research
First Richard Dimbleby Fellow in Cancer Research appointed. Later the Richard Dimbleby Chair of Cancer Research was established at King's College London.

Front line services start
Dimbleby Cancer Care begins offering front line services at St Thomas' Hospital. HM The Queen opens Research Laboratory.

Increased services introduced
£1 million Research Fund launched. Care and support service at Guy's & St Thomas' hospitals expanded.

Anniversary Year
New centre at St Thomas' Hospital and refurbished Richard Dimbleby Research Laboratory opening, and two major programmes launched.

The Future?

Who knows what the future will bring? However, your legacy could ensure that people living with cancer get better levels of care and that more research takes place into how to care for people with this life-threatening disease.

"I think it's a terrific programme and I was so glad to be able to have the six (complementary therapy) sessions with the same person. She had a real empathy towards breast cancer patients. I also don't know what I would do without my Dimbleby pillow. I use it every night and even when I take a journey"

All quotes are from cancer patients using Dimbleby Cancer Care's facilities at Guy's or St Thomas' hospitals

support

remains a national favourite.

Richard was diagnosed with cancer and died aged only 52. His decision to challenge the taboos of cancer did a huge amount to raise awareness of the condition. When asked what was his one wish for people in hospital with cancer he said "a comfortable pillow" – just one of the gifts his family and Dimbleby Cancer Care give annually to hundreds of patients in his memory.

COMFORT & SUPPORT

Since its inception, Dimbleby Cancer Care has been dedicated to offering practical help, comfort and support to those living with cancer. From humble beginnings offering a comfortable room to wait for treatment (rather than a bare corridor) the charity has sought continually to improve the services which cancer patients receive.

Through our centres at Guy's & St Thomas' hospitals, we fund complementary therapists for in and out patients, support





You can help shape the

groups, information units and psychological support to thousands of people every year.

To mark our 40th Anniversary we launched a major new programme to raise the level of care that people receive across the

country. While people continue to receive poor or patchy care, comfort and support, Dimbleby Cancer Care will be there to help raise the standards.

Did you know?

- Less than 0.18% of the total spent each year on cancer research in the UK is allocated to palliative care.
- Dimbleby Cancer Care will be spending £1 million a year on cancer care research from 2008, making it one of the biggest charitable funders of this work

RESEARCH

National Cancer Research Institute figures show that of the total spent in the UK on cancer research, only a little over 4% is allocated to research into supportive and palliative care. That is a pitiful amount.

In 2005 Dimbleby Cancer Care launched a £1 million fund to improve such research. To mark our 40th Anniversary we increased that to £1 million a year – making us one of the largest charitable funders of cancer care research in the UK.

We believe that with more people than ever living longer with cancer, the need to research effective and appropriate care has never been more important.

“I wish I had used your services sooner. It has accelerated my recovery and has improved the quality of my life”

"I would like to say how much I enjoyed the (complementary therapy) sessions, especially at a time when I had been feeling down and unwell. They lifted me up no end"

future

A LEGACY FOR THE FUTURE

The work that Dimbleby Cancer Care does now, and has done for 40 years, has only been possible because people have remembered us in their wills.

WHY MAKING A WILL IS IMPORTANT

For one reason or another people often postpone making a will. A will ensures that your estate is distributed as you wish and gives you an opportunity to help those you love and support causes in which you believe.

WHY IS LEAVING A LEGACY IMPORTANT?

Legacies are our single largest source of income - by a long way! We could not continue, let alone expand, the services and research that we offer without them.

If we can help further please do not hesitate to contact us.



Will Preparation Form

If you have made an earlier Will, remember to take a copy with you to your meeting with your solicitor, together with any documents you think may be useful, such as bank and/or building society account details, insurance policy details etc, and any valuations for specific items (eg. jewellery).

You can use the following checklist to calculate the total net value of your estate. Preparing these figures in advance will save you considerable time and effort later.

It is worth remembering that on death, no Inheritance Tax (IHT) is payable on the first part of an individual's estate. This is known as the Nil Rate Band. These bands are reviewed each year by the Chancellor of the Exchequer, usually in the Budget. Consequently they can and do change, but for the 2007/08 financial year they are:

Net value of Estate

First £300,000 (or £600,000 for a married couple or civil partners)

Anything above £300,000 (or £600,000 for couples)

Inheritance tax due (IHT)

Nil

40% tax due on excess

Charitable legacies and most transfers between spouses are exempt from IHT irrespective of value.

Name

Address

Postcode

ASSETS	Yours £	Your Spouse/Partner £	Jointly Held £
Your main residence			
Any other property			
Contents of residence(s) (including furniture & carpets)			
Land			
Building Society/Bank Accounts			
Items of specific value (e.g. jewellery)			
Shares & Investments			
PEPs/ISAs			
National Savings/Premium Bonds			
Life Assurance/Insurance policies			
Mortgage Protection policy			
Foreign Assets (seek specialist advice)			
Other savings and assets			
Total Assets			
LIABILITIES			
Mortgage(s)			
Credit Cards & Store Cards			
Credit or HP agreements			
Loans & Overdrafts			
Other Liabilities			
Total Liabilities			
TOTAL NET VALUE OF ESTATE			

1 Select Executors

Since these are the people who will ensure your wishes are carried out, you should choose at least one that is likely to survive you. The duties and responsibilities of executors are considerable. For example:

- Notify all businesses of death e.g. all the utilities, credit companies, banks, building societies, council tax office, social service and Inland Revenue.
- Gather all documents relevant to the Will and compile a list of assets, debts and liabilities. Ensure debts, liabilities and funeral expenses are paid.
- Distribute the contents of the Will, including pecuniary and specific legacies where applicable, and distribution of the residue (residuary legacies). Ensuring that if anything has been left to children under 18, a trustee has been named.

It is both sensible and courteous to gain the prior agreement of anyone you wish to act as an executor of your estate. You may wish to ask your solicitor to act as one of your executors, but they will charge your estate for this service.

Name
Address
Postcode

Name
Address
Postcode

Name
Address
Postcode

Name
Address
Postcode

2 Do you have young children?

If you do, it is advisable to appoint a guardian for them in the event that you, and their other parent, die before your children reach the age of 18. Again, it is strongly advised that agreement of the person named as guardian is obtained first.

In the event of parents no longer being together e.g. separated, divorced, absent etc. advice on this issue needs to be obtained from your solicitor.

Guardian Name
Address
Postcode

3 Fixed sums of money?

If you wish to leave fixed amounts of cash (otherwise known as pecuniary legacies) to people and/or charities, complete the details below. There are no limits to the number of such gifts you may make.

Alternatively you could leave all, or a proportion of, the residue of your estate (residuary legacy) to people and/or charities once your loved ones and friends have been taken care of. See section 5, which explains more.

Name
Address
Postcode

Gift (£)

Name
Address
Postcode

Gift (£)

Name
Address
Postcode

Gift (£)

4 Specific Items

There are likely to be special individual items that you would like people to have, whether they are of sentimental value, financial value or both. Simply complete this section in order to provide clear instructions for your solicitor about who is to receive which item(s). These are sometimes called specific legacies.

Name
Address
Postcode
Description

Name
Address
Postcode
Description

Name
Address
Postcode
Description

Name
Address
Postcode
Description

5 Sharing what is left

The remainder of your estate, once all of the foregoing gifts (legacies) have been made, is called the residue. You can list here the people and/or charities that you would like this to be shared amongst.

Because residuary legacies are based upon a % share of what is left, they have the great benefit of keeping pace with inflation.

Simply list the details of people and/or charities together with the respective % share of the residue of your estate that you wish them to receive. If you would like to leave Dimbleby Cancer Care a residual legacy, you should put us in here. Our address is

Dimbleby Cancer Care
4th Floor Management Offices
Bermondsey Wing
Guy's Hospital

Great Maze Pond, London SE1 9RT

and the name to include is "Dimbleby Cancer Care"

Remember the total percentages should add up to 100

Name
Address
Postcode
Share (%)

Name
Address
Postcode
Share (%)

Name
Address
Postcode
Share (%)



Please help us with a gift...

- Dimbleby Cancer Care offers care, comfort and support to thousands of people every year through information services, complementary therapies, group support and psychological support
- Marking our 40th year Dimbleby Cancer Care greatly increased its commitment to funding care and support
- Dimbleby Cancer Care is a major funder of cancer care research - an area hugely underfunded in the UK

**NONE OF THIS WOULD BE POSSIBLE WITHOUT LEGACIES
FROM PEOPLE WHO WANT TO MAKE LIFE BETTER FOR
THOSE LIVING WITH CANCER**

4th Floor Management Offices, Bermondsey Wing
Guy's Hospital, Great Maze Pond, London SE1 9RT
Tel 020 7188 7889
email: director@dimblebycancercare.org
www.dimblebycancercare.org
Registered charity number 247558